

ONPA Weight Loss Competition



First, Second and Third place winners with Chief, NCD

In an effort to be healthy, ONPA's planning committee came up with the idea of a weight loss competition. Shortly thereafter, some staff participated in the World Cancer Day health screening where discussion of competition sponsorship initiated. March 10th marked the launch of the 3-month competition with today, June 10th being the end date.

Chief of NCD along with 2 of his staff joined the post weigh event at the ONPA Office where they presented their contribution of gift certificates to the top 3 winners. Chief also gave a brief speech thanking ONPA staff and encouraged the continuation of the Department of Health's Wellness Workplace Program. Public Auditor reciprocated and thanked everyone and emphasized the importance of health management, saying "All aspects of this activity are good - it's fun, it's healthy, and doing it will also lead to better work productivity - and I believe in that."